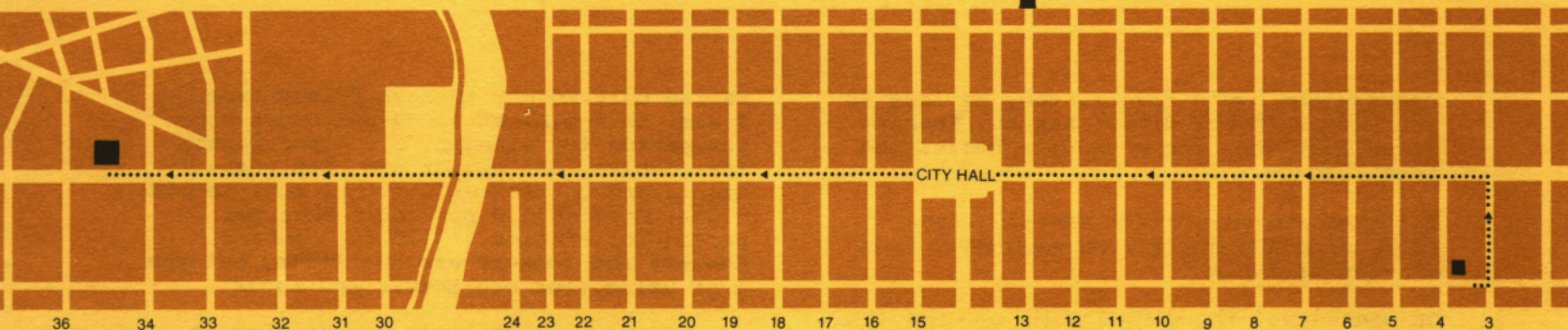


# The Cross-Town Express



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## New Headquarters Location Offers Convenient, Inexpensive Facilities for Exercise and Recreation

We know that participating in sports and other forms of exercise is good for our physical and mental health. But how many of us have easy, inexpensive access to the proper facilities for such activities?

As residents of the University City Science Center, we're going to be able to use the best athletic and recreational facilities in town. They'll be just a few blocks away on the University of Pennsylvania's campus, and we'll be able to use them for free or for a very low cost. So if you've ever wanted to go swimming during lunch... work off steam on a tennis or squash court after hours... jog indoors while the winter winds blow... ice-skate with a friend on a beautiful, enclosed rink... you'll find all of this, plus basketball, volleyball, steam baths and saunas just a few minutes away from our new headquarters.

### A Recreation Card is Essential

To take advantage of most of Penn's athletic facilities, you'll need a Recreation Card. If you were to buy one for yourself, it would cost \$185 a year. However, the Science Center has purchased a supply of these cards for use by all of its resident organizations, including ISI. (ISI is studying the possibility of buying a number of cards for the exclusive use of its employees. Future issues of *The Cross-Town Express* will keep you informed on this and other aspects of the Science Center/ISI recreation program.)

All Recreation Cards owned by the Science Center are managed by Ms. Lorraine Inzaina.

Ms. Inzaina is the receptionist on the first floor of 3624 Science Center. If you'd like to use a card **STARTING RIGHT NOW**, call her at 387-2255 to make arrangements.

The cards have two usage periods each week-day: from 11 a.m. to 3 p.m. and from 4 p.m. to 9:30 the next morning. There is a \$1.50 charge for each week-day use period. On week-ends, you can use the card from 4 p.m. Friday to 9:30 a.m. the following Monday for \$3.00.

You'll be able to reserve a card as long as a week in advance. All you have to do is pay Ms. Inzaina for its use at the time you reserve it. The card will be held for you until shortly before the time you said you wanted to use it. If you haven't picked it up by then, you'll lose the use of the card and the fee you paid for it.

### U. of P. Gymnasiums

As a member of the Science Center family, you'll be able to use all of the facilities available at the Gimbel Gym at 37th and Walnut and the Hutchinson Gym at 33rd and Locust. Swimming pools, basketball and volleyball are available at both gyms. The Gimbel Gym has a steam room and sauna for men and a sauna for women. The Hutchinson Gym has steam rooms and saunas for both men and women.

At "The Hutch," as the Hutchinson Gym is affectionately called, you'll find 18 squash courts (racquet ball is permitted on six of them) and six outdoor tennis courts. In addition to the Recreation Card, you'll need reservations at least one day in advance to use these courts. You can get them any time after September 10 by asking Ms. Inzaina to make them for you.

Each gym has "transient" lockers you can use. Bring your own lock, and be sure to take it with you each time you leave. You



can use the gym's towels, too, as long as you have a "towel disc." Ask Ms. Inzaina for a disc when you pick up a Recreation Card from her.

The gyms are open every week-day from 12 Noon to 9 p.m., and on week-ends from 12 Noon to 5 p.m.

On week-days, the Gimbel pool is open from 12 Noon to 3 p.m., and again from 5:30 p.m. to 9 p.m. The Hutch pool is open from 12 Noon to 5 p.m. On Saturdays and Sundays, the pools at both gyms are open from 12 Noon to 5 p.m.

Because the gyms' schedules can change from time to time, you can verify them by calling 243-6100 for a recorded message. No message? Then call the Gimbel Gym at 243-6101 or The Hutch at 243-8387 any week-day before 5 p.m.

## Rocky Never Had it so Good

Feel like jogging? The track in Franklin Field (33rd and Spruce) is available when no other events are taking place there. The times it's available are posted on a schedule that's on the front wall of The Hutch, which is nearby. When the weather's too rough, you may be able to use the corridors of the Palestra, which is attached to The Hutch.

During the basketball season, there will be times when the Palestra won't be available for jogging. You'll be able to determine this by checking the schedule posted on the door between the two buildings.

To use either the Palestra or Franklin Field, you'll need a Recreation Card.

## Ice Skating and Tennis

Two Penn facilities are open to the general public: the Class of 1923 Ice Skating Rink on Walnut Street, half-way between 31st and 33rd Streets, and the Robert P. Levy Tennis Pavilion, which is located right behind the Rink. You don't need the Recreation Card to get into them.

The Rink is closed in the summer. It will have re-opened by the time we've moved. It'll be open to the public Wednesdays from 9 p.m. to 11 p.m., Fridays from 8:30 p.m. to 10:30 p.m., Saturdays from 2 p.m. to 4 p.m. and from 8:30 p.m. to 10:30 p.m., and Sundays from 2 p.m. to 4 p.m. It'll cost \$2.25 to get in and 75¢ to rent a pair of skates. For general information about the Rink, call 243-6606 for a recorded message.

The eight illuminated tennis courts of the air-conditioned Levy Pavilion are available every day of the year except Christmas. The courts are open to the public by reser-

vation only Monday through Friday from 7 a.m. to 4 p.m. at \$5.00 per court hour per person for singles, \$2.50 per person for doubles. The courts are open week-nights and on week-ends from 4 p.m. to midnight. Cost: \$7.00 per court hour per person for singles, \$3.50 for doubles. Showers and lockers are available, but you must bring your own towels and locks.

To reserve a court, call Ms. Inzaina at least three days in advance. Do not call the Levy Pavilion.

## Science Center's Softball League

Some ISI employees have already "made the move." They're playing on one of the 18 teams that make up Science Center's Softball League. In addition to the ISI team, you'll find groups with catchy names like WARC, WEFA/ECFMG, and LAGNAF. The teams have a great time playing against one another on five local fields: Hill (34th and Chestnut), River (behind the Civic Center), Provident Mutual (48th and Market), Drexel (42nd and Powelton), and University City High School (38th and Powelton).

The Hill and River Fields are also available for pick-up games and for anyone who just wants to practice, whether it's softball or any other sport. To get permission to use these fields, write to:

Ms. Maria Burrell  
Office Manager - Recreation Dept.  
Hutchinson Gym - Room 205  
33rd and Locust Streets  
Philadelphia, PA 19104

## Something More for Penn and Drexel Grads

If you're a Penn alumnus who graduated not more than five years ago, you can have your own Recreation Card for only \$50 a year. If you've been out of Penn for more than five years, you can get one for \$100 a year. That's still a saving of \$85 over the regular price.

If you're a Drexel alumnus, its facilities are available to you as well as Penn's. To find out more, call Drexel's Physical Education Center at 895-2550.

## A Great Chance to Stay Fit

Our new building will be just a short walk away from a wide variety of athletic facilities. We hope you'll use them to the fullest extent. If you have any questions about recreational opportunities at the Science Center, please refer them to your representative on the Move Logistics Task Force.