A crucial problem in psychiatry, affecting clinical work as well as research, is the generally low reliability of current psychiatric diagnostic procedures. This article describes the development and initial reliability studies of a set of specific diagnostic criteria for a selected group of functional psychiatric disorders, the research diagnostic criteria (RDC). The RDC are being widely used to study a variety of research issues, particularly those related to genetics, psychobiology of psychiatric disorders, and treatment outcome. [The SCC™ and SCP indicate that this book has been cited in over 570 publications.]

The Feighner criteria were widely adopted by research investigators, but while participating in a collaborative project on the psychobiology of depressive disorders, I worked with Jean Endicott, a psychologist, and Eli Robins, one of the original authors of the Feighner criteria, on an elaboration and modification of the Feighner criteria. We changed the criteria for several of the disorders, added categories that were not included in the original criteria, and showed that the reliability of these new criteria, called the research diagnostic criteria (often called the RDC), was considerably better than had been obtained for psychiatric diagnoses in previous studies.

As we noted in the conclusion section of our paper, "The use of operational criteria for psychiatric diagnosis is an idea whose time has come." The true historical significance of our article was that it heralded the way for the inclusion of specified diagnostic criteria for virtually all of the over 200 specific mental disorders included in the third revision of the DSM (DSM-III), published in 1980. I had the honor and exciting task of coordinating the development of DSM-III and will forever be grateful that I had the opportunity to play such a significant role in the history of American psychiatry. DSM-III not only changed American psychiatry, but with the inclusion of diagnostic criteria in the mental disorders chapter of the next revision of the World Health Organization's International Classification of Diseases, psychiatry throughout the world has been changed. The inclusion of diagnostic criteria in DSM-III, its major innovation, was only possible because this article tested the water, and clinicians and researchers saw the advantages of replacing vague descriptions of psychiatric disorders with precise definitions using specified criteria.

Many psychiatric researchers continue to use the RDC although most switched eventually to the criteria included in DSM-III, and, more recently, the revision of DSM-III, DSM-III-R, published in 1987. Work has now started on the next revision in psychiatry's official classification, and DSM-IV is expected to be published in 1993. Fortunately, with each revision in our official classification, there is an increasing database and clinical experience upon which to draw as the basis for the changes.