This Week's Citation Classic

Wasserman R H & Taylor A N. Vitamin D3-induced calcium-binding protein in chick intestinal mucosa. Science 152:791-3, 1966.

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This paper provided the first conclusive evidence for the existence of a specific calcium-binding protein that was synthesized in response to vitamin D administration. Additionally, the temporal appearance of the protein in intestinal tissue suggested an involvement in the vitamin D-mediated calcium-absorption process. Subsequent studies over the years have documented the presence of the protein in other tissues and organs where it is now regarded as an end-organ marker of the vitamin D endocrine system. [The SCI® indicates that this paper has been cited in over 460 publications.]

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The studies reported in this Citation Classic support the concept that there is indeed such a thing as serendipity, i.e., a fortuitous discovery that was not the original target of the study. The experiments that led up to the cited publication took place in the early 1960s, at a time when our knowledge of the mechanism of vitamin D action was very primitive compared to today.

Prompted by reports indicating that vitamin D enhanced uphill intestinal calcium transport1 and release of calcium by kidney mitochondria,2 we attempted to quantitate the compartmentalization of calcium in the enterocyte during the absorption process. Differential centrifugation was used to separate the subcellular fractions of homogenates of intestinal mucosa after varying periods of in vivo absorption of radiocalcium. It was immediately apparent that prior vitamin D administration had a pronounced effect on radiocalcium distribution in the subcellular fractions, with the soluble fraction from vitamin Dtreated chicks having severalfold more calcium than the rachitic controls. Some unexplained negative results from ultracentrifugation studies delayed for a time the ultimate realization that a vitamin D-induced calcium-binding protein in the soluble phase was responsible for the observed results. The trypsin digestion experiments reported in the Citation Classic, plus electrophoretic separation and visualization, provided decisive evidence for the existence of the unique protein.

Significant progress towards understanding the molecular basis of vitamin D action was made in 1959 with the report that vitamin D increased uphill calcium transport by the intestine.¹ Shortly thereafter, in the mid- to late 1960s, studies on the metabolism of vitamin D revealed the formation of metabolites more biologically active than vitamin D in the liver (25-OH-D3)3 and the kidney (1,25-(OH)2-D₃).4 A genomic action of vitamin D₃ was proposed when inhibitors of protein synthesis were shown to depress vitamin D-dependent calcium absorption,⁵ and our studies reported in the Citation Classic gave the first evidence of the existence of a unique calcium-binding protein inducible by vitamin D, thus providing direct support of the genomic theory of vitamin D action.

Because the vitamin D-induced protein bound Ca2+ with high affinity, an immediate connection could be made between the physiological action of vitamin D and this protein. In fact, the correlation coefficient between the concentration of this protein in the intestine and the efficiency of calcium absorption in a variety of studies was 0.9 or better.6 An analogous vitamin D-induced calcium-binding protein of lower molecular weight was identified in mammalian intestine,⁷ and these proteins are now named "calbindin- D_{28k} " and "calbindin- D_{9k} " for the avian-type and intestinal mammalian-type, respectively (the subscripts refer to the approximate molecular weights in kilodaltons). The calcium-binding properties, amino acid composition, and amino acid sequences⁸ of these proteins have been determined, and the three-dimensional structure of bovine intestinal calbindin-D9k was recently reported.9

In the chick, calbindin-D_{28k} is present in the intestine, kidney, shell gland, pancreas, brain, peripheral nerve, and other tissues. In mammalian species, calbindin-D_{9k} is found primarily in the intestine, and a calbindin-D_{28k} similar but not identical to that of the avian species is present in the kidney, placenta, pancreas, brain, and other tissues. Thus, the localization studies showed that the protein was not relegated exclusively to epithelial-type tissues as originally thought, but was found in nonepithelial-type tissues as well. The function of the protein has not been absolutely clarified, although it is considered to increase the translocation of Ca2+ through the cytosol of the enterocyte, and this mechanism could pertain to other epithelial tissues. In nonepithelial cells the protein might serve essentially as a calcium buffer, modulating the concentration of intracellular calcium, particularly upon stimulation by specific agonists.

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